


**Meals for Dining Centers and Home Delivery**

Call for meal reservation by 5:00 p.m. the day before at 345-0821 or 1-800-452-0097. Call by 9:00 a.m. the same day to cancel.

Age 60 and over suggested donation is \$2.50; under 60 cost is \$6.00.

Mon	Tue	Wed	Thu	Fri
	3 oz Pork Cutlet with Brown Gravy 1 1/2 c Whipped Potatoes 1/2 c Baby Limas Peach Cup	3/4 c Chili and Cheese Crackers 2 1/4 c Coleslaw 1/2 c Mandarin Oranges Gingerbread	3 oz Salisbury Steak with Gravy 3 Twice Baked Potato 1/2 c Spinach w/Bacon 1/2 c Pineapple Tidbits	3 oz Hawaiian Chicken with Veggies 4 1/2 c Steamed Rice 1/2 c Cut Green Beans 4 oz Juice Pudding
1/2 c Macaroni & Cheese 7 1/2 c Stewed Tomatoes 1/4 c Egg Salad / crackers 4 oz. Juice Hot Cinnamon Peaches Butterscotch Brownie	3 oz Beef Ravioli with Sauce 8 1/2 c Green Beans 1/2 c Cauliflower 1/2 c Apricots	3/4 c Soup Beans & Ham 9 1/4 c Cottage Cheese & Pineapple 1/2 c Pickled Beets 4 oz. Juice Corn Bread	3 oz Open Face Turkey Sandwich w/Gravy 10 1/2 c Mashed Potatoes 1/2 c Steamed Broccoli Banana	3 oz Baked Ham 11 1/2 c Sweet Potatoes 1/2 c Peas 4 oz Juice Custard Pie
3 oz Roast Beef 14 1/2 c Mashed Potatoes 1/2 c Succotosh 1/2 c Tropical Fruit Vanilla Wafers	3 oz Roast Pork/Gravy 15 1/2 c Macaroni & Cheese 1/2 c String Beans 4 oz Juice S/F Cake	3 oz Chicken Breast Patty w/gravy 16 1/2 c 3 Bean Medley 1/2 c Corn 1/2 c Sliced Peaches	3 oz Sloppy Joe/Bun 17 1/2 c Corn 1/2 c Steamed Cabbage Fruited Jell-O with Fruit Juice	3 oz Open Faced Roast Beef Sandwich/Gravy 18 1/2 c Potatoes Au Gratin 1/2 c Brussels Sprouts 4 oz Juice Graham Crackers
3/4 c Tuna Casserole 21 1/2 c California Veggies 1/2 c Hot Cinnamon Apples 4 oz Juice Vanilla Wafers	3 oz Ham Loaf 22 1/2 c Golden Potato Pearls 1/2 c Turnips 1/2 c Pears	1/2 c Macaroni & Cheese 23 1/2 c Stewed Tomatoes 1/4 c Egg Salad with Crackers 4 oz Juice Hot Cinnamon Peaches Butterscotch Brownie	3/4 c Pinto Beans/Ham 24 1/2 c Carrot Salad 4 oz Juice Corn Bread Vanilla Wafers	3 oz Pork Chop w/Gravy 25 1/2 c Dressing 1/2 c Parsley Potatoes 1/2 c Peas 4 oz Juice Cookies
3 oz. BBQ Chicken 28 1/2 c Scalloped Potatoes 1/2 c Brussels Sprouts 4 oz. Orange S/F Cake	3 oz Batter Dipped Fish Nuggets 29 1/2 c Potato Wedges 1/2 c Peas 4 oz. Juice Diet Yellow Cake	4 oz Lil Charlies' Pizza 30 3/4 c Tossed Salad 1/4 c Cottage Cheese with Pineapple 4 oz Juice Butterscotch Pudding	June 2010	

Diet menus available upon request. Menus subject to change without notice. 2% milk or buttermilk and bread served daily. Noon lunch served daily at eleven in dining centers. In Newark: LCAP at 745 E. Main St., Terrace Garden Apartments at 85 W. Church St., Sharon Glyn Village at 914 Sharon Valley Rd., Candlewick Commons at 15 S. 3rd St. and Washington Square Apartments at 340 Eastern Ave.. In Jacksontown United Methodist Church. In Pataskala at TJ Evans LEADS Center. In Johnstown at Chimes Terrace Apartments . In Utica at Oak Hill Manor. In Heath at Mitchell Retirement Village.